USE OF VASCULARIZED ILIAC CREST WITH INTERNAL OBLIQUE MUSCLE FLAP FOR MANDIBLE RECONSTRUCTION

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In the last decade, immediate reconstruction of maxillary bones following extensive trauma, large oncological defects, or late effects of radiation therapy has proved to be a reliable morpho-functional reconstruction technique. Use of the vascularized iliac crest with an internal oblique flap has become our flap of choice for mandible reconstruction when there is no need for overlying facial skin or oral sphincter reconstruction, and for bone segments within 6–15 cm of length. The advantages of this composite bone flap are the large and resizable bone stock available, the quality of bone transferred with an optimal height, depth, and contour of bone to maintain a good facial profile, and the possibility to reconstruct properly the oral lining, with a portion of the internal oblique muscle flap raised with the same pedicle that epithelializes during the healing stages. We present the experience of the Department of Maxillofacial Surgery of “S. Maria della Misericordia” Regional Hospital in Udine, Italy.


Immediate or delayed reconstructions of maxillary bones after extensive trauma or large oncological resections, especially the mandible, are nowadays considered reliable, with good immediate and long-term results. When the treatment plan arranged by the clinical team and the patient is to proceed with mandible reconstruction, many opportunities are available using free tissue transfer techniques. All these techniques have to provide not only for mandibular reconstruction but for adequate rebuilding of the internal oral cavity. If the length of mandibular bone to be reconstructed is between 6–15 cm, and the treatment plan requires internal soft-tissue reconstruction only, with no need for overlying facial skin or oral sphincter reconstruction, use of the vascularized iliac crest with an internal oblique muscle flap has to be considered one of the first choices.

The vascularized iliac crest with an internal oblique muscle flap was popularized by Urken et al. in 1998,¹ when they reported few failures and low donor-site morbidity in their series. The use of the internal oblique muscle had been considered inferior in outcome if compared with the composite fibula flap described by Hidalgo and Rekow in 1995.²

The vascularized iliac crest with an internal oblique muscle flap is unique for the advantages it can offer in terms of quality and quantity of bone, contouring of the mandible, and kinds of internal oral soft-tissue reconstruction. The portion of the internal oblique muscle lines the oral cavity and becomes epithelialized in such a way as to provide an excellent mucosal environment. The quality of bone is as good as the internal lining, providing good support for an implant-retention prosthesis.

The aim of this study is to report the experience of the Maxillofacial Unit of “S. Maria della Misericordia” Regional Trust with the vascularized iliac crest with internal oblique muscle flaps for mandibular reconstruction.

PATIENTS AND METHODS

The clinical notes of 21 consecutive patients who had had a reconstruction procedure using a vascularized iliac crest with an internal oblique muscle flap reconstruction procedure were analyzed from June 2001–December 2003. The diagnosis, Tumor Node Metastasis (TNM) classification, and type of defect were recorded for each patient. Of these patients, 6 had been dismissed because they had had a maxillary reconstruction using this type of composite flap.

The number of patients enrolled for this study on mandible reconstruction is therefore 15 (Table 1). All patients had had bone involvement and can be classified as T4 following the TNM classification (Table 1).

The type of defect was classified by looking at the amount of mandible to be reconstructed as follows (Fig.1):

1. Ramus of the mandible ± condyle (type 1);
2. Body of the mandible (type 2);
3. Body and ramus of the mandible ± condyle (type 3);
4. Mandibular symphisis (type 4); and
5. Bilateral body of the mandible + symphisis (type 5).

Our surgical technique was basically the one described by Urken et al. in 1999³–¹⁴ with the superolateral approach, and the modification of this technique...
described by Vaughan with the infero-medial approach, depending on the quantity of internal oblique muscle needed.

In all treated cases, the flap had been raised ipsilateral to the defect site except for type 4 and 5 (Figs. 1–3) mandibular defects, where there is no significance to the donor side.

There have been two different approaches to type 3 (body, ramus, and mandibular angle). Specifically, we used two different kinds of bone design. In the first design, we harvested the iliac bone using the anterior superior iliac spine (ASIS) in order to reconstruct the L-shaped new mandible with no osteotomies (Figs. 4–8); in the latter, we did not include the ASIS in the flap, and we performed bone osteotomies to reshape the new mandible (Figs. 5, 9–10).

The amount of internal oblique muscle harvested varied, among the patients treated (Table 2), between 15–120 cm². The muscle had always been well-vascularized on the ascending branch of the DICA/V. In the oral cavity, the muscle becomes fibromucotized (Fig. 11) and offers a good layer for implant placement. No trismus was ever observed in our patients.

Particular care had been used for the donor-site closure. A Marlex mesh in two layers was used in all patients. No abdominal wall weakness has developed in these patients (Figs. 12, 13).

Neck dissections were carried out in 10 of 15 patients, while the other 5 patients were affected by non-malignant disease or had had secondary reconstruction. A detailed assessment of surgical complications was carried out.

Two stages of osteointegrated implants had been positioned in 10 of 13 patients who underwent mandibular reconstruction with a DICA flap. Implant positioning had been performed under general anesthesia in all patients, as well as second-stage surgery for healing screws positioning and soft-tissue redraping around implants (Fig. 14). Overall, we positioned

**Table 1. Summary of Main Data of Complete Group of Patients (n = 15)*

<table>
<thead>
<tr>
<th>No.</th>
<th>Diagnosis</th>
<th>TNM</th>
<th>Defect</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Osteonecrosis</td>
<td>N/A</td>
<td>Type 2</td>
<td>Alive</td>
</tr>
<tr>
<td>2</td>
<td>SCC</td>
<td>T4N2</td>
<td>Type 2</td>
<td>LR, 10 months; second flap; died, HA 18 months</td>
</tr>
<tr>
<td>3</td>
<td>SCC</td>
<td>T4N0</td>
<td>Type 2</td>
<td>Alive</td>
</tr>
<tr>
<td>4</td>
<td>Osteonecrosis</td>
<td>N/A</td>
<td>Type 3</td>
<td>Alive</td>
</tr>
<tr>
<td>5</td>
<td>SCC</td>
<td>T4N1</td>
<td>Type 4</td>
<td>Alive</td>
</tr>
<tr>
<td>6</td>
<td>SCC</td>
<td>T4N0</td>
<td>Type 3</td>
<td>Alive</td>
</tr>
<tr>
<td>7</td>
<td>SCC</td>
<td>T4N0</td>
<td>Type 4</td>
<td>Alive</td>
</tr>
<tr>
<td>8</td>
<td>Osteonecrosis</td>
<td>N/A</td>
<td>Type 4</td>
<td>Alive</td>
</tr>
<tr>
<td>9</td>
<td>SCC</td>
<td>T4N1</td>
<td>Type 5</td>
<td>Died, HA 20 days after operation</td>
</tr>
<tr>
<td>10</td>
<td>SCC</td>
<td>T4N0</td>
<td>Type 2</td>
<td>Alive</td>
</tr>
<tr>
<td>11</td>
<td>SCC</td>
<td>T4N0</td>
<td>Type 2</td>
<td>Alive</td>
</tr>
<tr>
<td>12</td>
<td>Ameloblastoma</td>
<td>N/A</td>
<td>Type 3</td>
<td>Alive</td>
</tr>
<tr>
<td>13</td>
<td>SCC</td>
<td>T4N1</td>
<td>Type 5</td>
<td>Alive</td>
</tr>
<tr>
<td>14</td>
<td>SCC</td>
<td>T4N0</td>
<td>Type 3</td>
<td>Alive</td>
</tr>
<tr>
<td>15</td>
<td>Ameloblastoma</td>
<td>N/A</td>
<td>Type 3</td>
<td>Alive</td>
</tr>
</tbody>
</table>

*SCC squamous cell carcinoma; LR local recurrence; HA heart attack; N/A not applicable.

**Figure 1. Classification of mandible defects.**

**Figure 2. Case 1: bilateral body + symphysis.**
48 fixtures with a minimum of three and a maximum of six two-stage osteointegrated implants\textsuperscript{9,14,16–20} for every patient. No implant loss was reported in our series.

**RESULTS**

Fifteen consecutive patients had a mandibular resection reconstructed with a vascularized iliac crest with an internal oblique flap. There were 10 males and 5 females, with a mean age of 54 years (range, 32–64). Three patients were operated upon for osteoradionecrosis of the mandible, while two had a nonmalignant disease, and the rest were treated for disease that required ablation with immediate reconstruction.
Two patients died from a heart attack, the former 20 days after the operation, and the latter 18 months later, after a local recurrence within 10 months for which she was operated upon and reconstructed with another free flap. One flap was lost after 9 months because of a serious oral infection and the development of an orocervical fistula near the flap that led to an infection of the flap pedicle; this particular patient had had high-dose radiotherapy postoperatively. Subsequently he had had an operation for the fistula and had been reconstructed with a pedicled myocutaneous flap.

No vein graft was necessary in any of our series. No implant loss occurred in our series of 48 positioned fixtures.

**DISCUSSION**

The use of the vascularized iliac crest with an internal oblique flap has become the first flap of choice for mandibular reconstruction when the bony defect is between 6–15 cm, and the treatment plan requires internal soft-tissue reconstruction only, with no need for overlying facial skin or oral sphincter reconstruction in the Department of Maxillofacial Surgery of the Regional Hospital “S. Maria della Misericordia.”

The most important finding from our series is the oral and facial rehabilitation that all patients achieved. All patients had a satisfactory result, both introrally and aesthetically. Some of them started with our implant-retained prosthesis protocol (10 patients), but some (3 patients) had satisfactory results without needing a prosthesis, or had successful oral and facial rehabilitation.

This particular composite flap provides a better base for oral and dental rehabilitation than the one that can be offered by other kind of reconstructions. Fibular flaps provide adequate length of bone even for segments longer than 15 cm, but fail to provide an
adequate height of bone to retain properly dental implants without using complementary techniques such as double-barreled fibula flaps or distraction osteogenesis, which add more risk and complexity to the reconstructive procedure. Moreover, the skin island does not fit well in the oral mucosa and does not offer the same quality of lining and interface for an implant-retained prosthetic rehabilitation. It takes considerable flap revision to optimize this interface, with an inevitable result in additional scarring and fibrosis, which can significantly alter the oral tissues. This is also the problem with the composite scapular flap, which has the advantage of better bone quality than the composite fibula flap and offers the possibility of raising multiple flaps on a single pedicle. The composite radial forearm flap is not adequate for the quality and quantity of bone it can supply, and in our opinion, it must be considered a second choice for mandible reconstruction.

The vascularized iliac crest with an internal oblique muscle flap provides the best bone source, either for mandible reconstruction in terms of quality, quantity, and aesthetic contouring of the face, or as a unique oral mucosal lining ideal for the implant-soft tissue interface. Microsurgical free flap techniques should be routinely used in head and neck reconstruction, and this particular flap must be considered our first choice for maxillary bones reconstruction.

REFERENCES

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